

## Natalia Fabia Materials List

### Brushes

\* Bristle and/or sable from size #2 – #12, I use a range of rounds, flats and filberts is best.

### Canvas

2-5 small panels for exercises

1 largish pane-16 x 20 or larger - (The inexpensive ones soak up the paint too much. Adding layers of gesso will help that & create a superior surface.)

\* I like Ampersand gessoboard (they make different ones. They must be Gessoboard. The blue label).

### Paints

#### Colors:

\* ivory black  
\*titanium white.

\* Yellow Ochre  
\* Titanium White  
\* French Ultramarine Blue  
\* Viridian  
\* Burnt Sienna/transparent red oxide  
\* Alizarin crimson  
\* Lemon yellow

( if you don't have all the colors that's ok. You use any extra colors you like!)

### Other supplies

- Palette knife: Any kind
  - A medium of your choice (Gamblin solvent free gel, walnut oil, linseed oil, etc) Gamsol (I will have some for everyone)
- \* Any palette: The larger the better. Glass or disposable gray paper palettes are great.
- Paper towels

# PAINT

GET SOMETHING DECENT QUALITY NOT STUDENT GRADE.

START WITH

- \* IVORY BLACK OR RAW UMBER
- \* TITANIUM WHITE.



- \* LEAD OR FLAKE WHITE (I USE CREMNITZ WHITE BY MICHAEL HARDING)
- \* SCARLET LAKE
- \* YELLOW OCHRE
- \* FRENCH ULTRAMARINE BLUE
- \* BURNT SIENNA
- \* ALIZARIN CRIMSON
- \* IVORY BLACK



OPTIONAL

- \* VIRIDIAN
- \* PHYLO BLUE
- \* MANGANESE BLUE HUE
- \* CADMIUM YELLOW LIGHT
- \* RAW SIENNA
- \* KINGS BLUE
- \* PERMANENT ROSE
- \* CADMIUM GREEN PALE



## MEDIUMS

GAMBLIN GAMSOL (MINERAL SPIRITS)



OIL PAINTING MEDIUM

OPTIONS:

RUBLEV OLEOGEL

SENNELIER GREEN FOR OIL SOLVENT-FREE GEL MEDIUM

GAMBLIN SOLVENT FREE GEL/LIQUID

GAMBLIN SOLVENT FREE GEL/LIQUID ALKYD (FAST DRYING)

WALNUT OIL

