

Laura Lanford  
Breaking Down the Visual Language  
Supply List

#### PAINTS:

At a minimum you will need any yellow, red or blue and white.  
If you want to expand to more than three primaries then I will use  
2 yellows, 2 reds, a neutral, 2 blues and white

Cadmium Yellow Lemon (NOT Lemon Primary or Lemon Yellow)  
Yellow Ochre  
Vermillion (made by Lukas Studio) or Cadmium Red  
Alizarin Crimson  
Warm Grey  
Phalo, Viridian, Cerulean, Cobalt or Prussian Blue  
Ultramarine blue  
Titanium White

Typical supplemental colors that I will use include but are not limited to  
cadmium red light, Quinacridone or Permanent Rose, Burnt Sienna, Indian  
Yellow, or Transparent Red Oxide

Gamblin Solvent free Gel medium or Gamblin NeoMagilp.

#### BRUSHES:

I use Rosemary brushes in the Ivory or Evergreen series. Make sure to bring  
some brushes that are at least size 6 and up. I typically paint with a larger  
brush on a smaller canvas to stay loose. You can purchase these  
at [rosemaryandco.com](http://rosemaryandco.com). Scottsdale Artist School also has a selection of  
Rosemary brushes. I also use Simply Simmons acrylic brushes from  
Michaels's. I like Snap brushes, and the Silver Bristlelon brushes work as  
well.

In order to get some abstraction in my work, I use a variety of tools to get  
special effects in the paint. These are not necessary, but I scrape paint with a  
window squeegee by ETTORE. I buy the brass handle off amazon, 6”

size. Bring a couple of old credit cards or hotel keys to scrape paint. I also scrape paint with a Catalyst Wedge...they are rubber ceramic tools, and you can purchase one from Jerry's. Again, it is not mandatory, but you may want to play with it.

#### Tools:

Palette knife, Ettore squeegee, credit cards, hotel keys, rubber Catalyst wedges, ceramic wedges, make-up sponges, Q-tips

#### CANVAS:

Variety of panels/canvases....I prefer LINEN and use Centurion Deluxe oil or acrylic primed canvas from Jerry's Artarama. Buy quality canvas...it makes a difference. You will need a few practice panels, 6x8, 8x10, 9X12, 11x14 or 12X16. You can choose any size for practice.

Palette. The school does have some extra small glass palettes to use while in class.

GAMSOL ONLY in the studio. The Scottsdale Artist School is a fragrance-free facility. No perfumes, colognes, or strong chemicals.

VIVA or Blue shop paper towels.

Light/shadow PHOTO references to paint either in print or an iPad. If you have an apple pen, bring it but please do not purchase one for this class. If time permits, I can show you some edits on procreate. I am looking forward to sharing my knowledge and having a lot of fun in the process!

Email me at [lanfordgroup@comcast.net](mailto:lanfordgroup@comcast.net) for questions.