

## **Qiang Huang's Supply List for still life painting**

Welcome to my painting workshop. The following is a list of items you will need:

### **Brushes**

You don't have to use exactly the same brushes I use. Similar



types and sizes will do.

Bristle Brushes:

#10 flat, # 8 flat, #6 flat, #3 flat. Any brand is fine.

Synthetic Brushes:

3/4" flat, #20 flat, #12 flat, #1 flat, 10/0 round. Any brand is fine. I really like the Qualita by Creative Mark.

Palette knife:

No special requirement

## Paints

The following colors were my **old** still life painting palette:

Titanium White, Portland Gray Deep, Naples Yellow Light, Yellow Ochre, Cadmium Yellow Lemon, Cadmium Yellow Deep, Cadmium Orange, Cadmium Red Light, Transparent Oxide Red, Permanent Alizarine, Quinacridone Red, Manganese Violet, Ultramarine Blue, Phthalo Blue, Viridian, Cadmium Green Pale, Gamblin Radiant Yellow, Red, Violet, Blue, Turquoise, Green.

I mainly use Gamblin oil colors, but other brands are fine too.

Since I got cancer in last September, I have been working on a new color palette. I have removed all cadmium, cobalt, and manganese colors. To replace them, I am using the following less toxic colors. Should you still wish to use cadmium and other toxic colors, please make sure you wear gloves.

Hansa Yellow, Indian Yellow, Permanent Orange, Transparent Orange, Perylene Red, Dioxazine Purple, Phthalo Green, and Azo Green.

## Medium:

I paint mostly without using medium, but I still keep a small amount of Linseed oil, Gamblin Solvent-Free Gel, or Fluid available just in case.

I used to use Gamsol. Now I want to stop using it, but I have not been very successful yet. I keep a very small amount of Gamsol for my wiping-out technique. I put the Gamsol into a small eyedropper bottle to minimize the air pollution. You may do the same. If you choose to use Gamsol or other mineral spirits, please

keep them closely covered. **Odorless does NOT mean it is not harmful.**

### **Palette**

No specific requirement. I use a piece of glass over a piece of brown paper. If you like a one-time-use paper palette, use the gray color one, not white.

### **Canvas/Panels**

No special requirement. Both panels or stretched canvases can work. Personally I prefer oil primed than acrylic primed surfaces.

### **Still Life Objects and Drapery**

The workshop will provide some objects, but you may choose to bring your own objects. It will be helpful if you bring solid color draperies for your setup background. White, black, gray, and dull colored ones are best.